## WEEK FIVE

# SURRENDER: RELEASING OUR GRIP

### **Memory Verse:**

Hebrews 12:1-2

Therefore, since we have so great a cloud of witnesses surrounding us, let us lay aside every encumbrance and the sin that so easily entangles us, and let us run with endurance the race that set before us, looking onto Jesus, the author and finisher of our faith, who for the joy set before Him endured the cross the cross, despising the shame, and has set down at the right hand of the throne of God.

## Key Word for the Week Surrender

#### SELF INTEREST IS THE MORTAL ENEMY OF SURRENDER

How do we begin to surrender? How do we begin to lessen our grip? What is this grip that we so fearfully and desparately hold on to?
Our will, Our plans. Our hopes, Our dreams.

Our worship pastor wrote a beautiful song that we sing at church that gets right at the heart of this lesson.

What Can I Give

What can I give, what can I offer up to you, that you do not possess
Everything is yours, the Earth and all that it contains
What can I bring, what can I sacrifice to you
There is nothing I have, nothing that I own, that you could ever need from me
Yet my heart is longing to bring something of value unto you
I give my love, I give my hearts devotion
With the breath you give, I will use to sing your praise

I give my life, <u>I yield my way</u>
With each day you give I will follow and obey

Everything in our lives wants to take top billing. Our 'self', wants to be top dog (Me time, alone time, hobby time, spa time.) Our children want to take the priority (Take me here, take me there, get me this, buy me that.) Our husbands want to rule our roost (It's my way or the highway). Our jobs call out for attention (Overtime, bonus', after hour meetings, early morning conference calls.) Relationships with friends and family are also vying for our time and energy. Everyone and everything wants to sit on the throne of our hearts.

#### **NO RIVAL THRONES**

This is the place of honor that Father God has given to Jesus. Scripturally, it states that Jesus sits at the right hand of the Father. Personally, that place of honor is the throne of our hearts. The place inside ourselves where Jesus should have His rightful place. It is a place that only we can surrender to God. A place where no rival thrones survive. He alone has the ultimate place of pre-eminence.

Let's talk together about how we can practically come to a place where we are experiencing a life with Jesus at the center. The center of our heart, willfully surrendered to the Lordship of Jesus Christ.

#### Homework Review:

Recite Memory Verse

Go Over Lesson

Pray! Add prayer requests and be sure to let us know what requests have been answered so we can all Thank God for His answers.

#### Homework:

Memorize Verse Complete Lesson